

Who can receive assistance at the MTSU Center for Counseling and

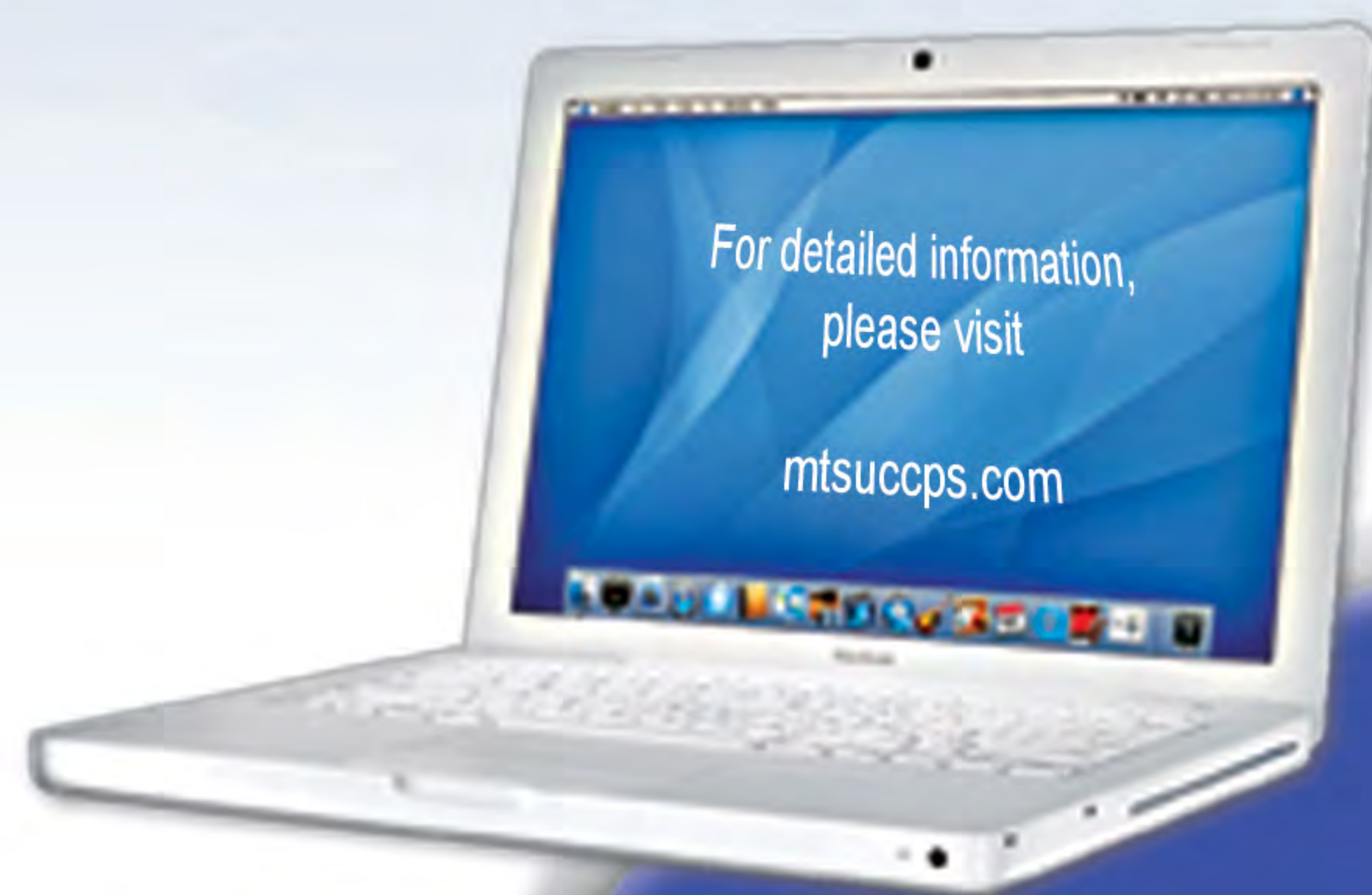
Services are offered to children, adolescents, and adult residents in the Middle Tennessee area.

Who provides counseling at the Center?

Graduate students in the Professional Counseling program provide counseling services to Center clients.

How much does it cost to receive services at the Center?

The fee for each counseling session is \$10 for community residents. Free for MTSU students and staff.



What types of problems can counselors address with clients at the Center?

- ✓ Adjustment problems (adjusting to separation/divorce, death of a significant other, moving to a new school)
- ✓ Anxiety problems (excessive worry, fears)
- ✓ Low self-esteem (poor self-concept/unhappiness)
- ✓ Relationship problems (friendship/marriage problems, difficulty getting along with parents/teachers/friends/co-workers)
- ✓ Non-compliant behavior at home, school and/or work (refusing to follow through with requests of parents and/or teachers; frequent arguments with parents/friends/co-workers/supervisors)
- ✓ Conduct problems (getting into trouble with authority figures; stealing; lying; vandalism)
- ✓ Depression (severe unhappiness, hopelessness, general loss of interest in life)

Quick Facts about the MTSU Center for Counseling and Psychological Services:

The Center cannot bill insurance for services provided to clients.

Payment is due upon receipt of services.

Prospective clients may call the Center at 615.898.2271 to schedule an appointment.

Dr. Robin Wilbourn Lee, LPC/MHSP
CCPS Director

Professional Counseling Program
Middle Tennessee State University



MIDDLE
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What is the MTSU Center for Counseling and Psychological Services?

The MTSU Center for Counseling and Psychological Services (the "Center") is a non-profit facility that provides training opportunities to graduate students in counseling and offers services to the community.

What services are provided at the MTSU Center for Counseling and Psychological Services?

- ✓ Individual Counseling
- ✓ Play Therapy
- ✓ Family Counseling
- ✓ Group Counseling
- ✓ Parent Education

Miller Center for Education
503 East Bell Street, Suite 100
Murfreesboro, TN 37130

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